GENOMIC LIFE

Starting your
Genomic Life is easy!

Genomic Life helps optimize your health – now, and in the future – based on your personal health, family history, and DNA – to catch disease early, inform choices, and tailor care so it works best for you.

How to get started

1 Visit **member.genomiclife.com** and choose "Sign up here".

2 Please have your personal access code ready. If you don't know your access code, please check your email for instructions or reach out to us at **navigation@genomiclife.com** for help.

3 After creating your account and sharing some health details, you'll receive personalized suggestions.

4 Follow the simple steps to request a Genetic Health Screen, provide informed consent and verify your personal information.

5 Your test request is reviewed and ordered by a physician.

6 An at-home sample collection kit with detailed instructions is mailed to you from one of our trusted laboratory partners.

7 You can expect to receive your results within approximately 21 days.

8 If medically significant findings are identified, access to a genetic counselor and consultation can be helpful to understand results.

9 We encourage you to share your test results with your healthcare team and discuss important next steps.

1 in 6

Roughly *1 in 6* people carry a genetic change that increases their risk for diseases that have medical interventions available. *

Want to learn more? Have questions? Visit genomiclife.com/contact or call (844) 694-3666

How to invite your *spouse*

Genomic Life's platform makes it easy to invite a spouse when they are included in your plan. Follow these simple steps to get started.

1. Login/create your account

- Visit **member.genomiclife.com** and login with your email and password or create your account through your welcome email.

  o To create your account, you will need your personal access code. If you don't know your access code, please check your email for instructions or reach out to us at *navigation@genomiclife.com* for help.

2. Find their access code

- You can find their access code in the portal via the dashboard or account settings.

  o **From your dashboard:** On your dashboard look for a card to "Invite your spouse" to get started

  o **From your account:** Once logged in, click "Account" in the main navigation and choose the "Plan Information" option.

3. Provide them their access code

- Have them visit https://www.genomiclife.com/invite and follow the steps to create their account.

Frequently Asked Questions

- **Can the same email be used on more than one account?**
  No, each account needs their own unique email address.